



The Yowie

April 2009

Southern Cross Outdoors Group Inc.

SCOG promotes health and friendly associations for gays and lesbians, principally through outdoor activity

SUNDAY 19 APRIL

Upper Lane Cove Valley and the 'Other' North Walk – Part 1

Cheltenham Station to Macquarie University Station - 6.5 km, about 4 hrs. including 30 min. lunch break. Incorporates 1 km of the Great North Walk on the eastern bank of Lane Cove River. Part 2 of this walk, Macquarie to North Ryde, will be the subject of a future walk.

Meet at Cheltenham Station at 10.01 am, off the Hornsby via Strathfield train departing Central at 9.24 am (front car).

Highlights – Marie Byles' (see Google) Ahimsa National Trust property, Whale Rock, the Macquarie to Kissing Point Cycleway, Brown's Waterhole, carved stone steps, the Bog Hole weir.

Bring morning tea and lunch and at least 1 litre of drinking water. Depending on prior rain, be prepared for knee-high wading at creek crossings. Heavy rain preceding may require a change of route. Bring a supermarket plastic bag to carry out some rubbish. There are no toilet facilities on this walk.

We finish at Macquarie Shopping Centre, with its shopping, coffee, and eye-candy, and trains and buses home in all directions.

Leader – Kevin Eadie, 9819 6052

Email: kevin_eadie@hotmail.com

Grade – easy.

SATURDAY 25 APRIL

Dalpura Creek

Bells Line of Rd, Upper Blue Mountains

Travel by train to Richmond, then car.

Dalpura is a small creek in a minor canyon, conveniently located near a main road. This minor but interesting canyon suddenly drops away into the huge canyon of the Upper Grose river.

We follow ratty tracks down to the creek, then wade in and out of the creek itself- so expect wet feet. One huge overhang contains aboriginal hand stencils. Near the main cliff line, we leave the creek to bushbash 1 km up to Dalpura Head for great views over the Grose canyon towards Mt Victoria. 2 km along a ridge, partly trackless, returns us to the cars, with interesting rock formations along the way.

This walk has a bit of everything but is slow going.

Contact the leader and allow time to coordinate those with cars and those without.

Peter (02) 4567 7965 - 0400 257 656

geebungle@aapt.net.au

Medium-hard, 6-7kms

LEAD A WALK OR ACTIVITY

Can you lead an activity for SCOG?

We need people who would like to lead an activity for SCOG.

Share you best walking tracks with other likeminded people.

Please email to scog@scog.asn.au or ph (02) 9907 9144 to make arrangements.

