



The Yowie

September 2009

Southern Cross Outdoors Group Inc.

SCOG promotes health and friendly associations for gays and lesbians, principally through outdoor activity

SATURDAY, 5 SEPTEMBER

Jinki Ridge

Upper Blue Mountains - off Bells Line of Rd.

For those who don't mind the cold breeze or the bush bashing, in order to enjoy exploring ironstone pagodas. This ridge is just west of previous trips to Birrabang Canyon and Dalpura creek.

There is no track but the ridge is only 4 km long. It twists between two canyons until reaching the dramatic cliff walls of the upper Grose River. Lots of views, lots of pagodas to clamber around, and wildflowers. A slow pace to allow for exploring, photography and scratchy bushes.

Travel by car. Meet at Richmond station. Contact leader for times. Lifts in cars will need to be organised by leader so train travellers need to make contact by Thursday am.

Medium/Hard

Peter (02) 4567 7965

geebungle@aapt.net.au

SUNDAY, 6 SEPTEMBER

Spit Bridge to Manly

Sydney Harbour National Park

This is a lovely 8Km walk through the Sydney Harbour National Park. Highlights include excellent harbour views and several small beaches including a visit to Washaway beach which are just perfect for a dip and where lunch will also be.

Travel by bus from the city and return from Manly by ferry.

Mark on 0409 617 778

Medium

WEDNESDAY, 16 SEPTEMBER

Dante's Glen and Empire Pass

Lawson

A delightful walk past lots of waterfalls; such as the mysterious Dante's Glen, St. Michael's Falls, Frederica Falls, and Fairy Falls.

The Empire Pass is a very old track through a variety of plant life from rainforest to mid-mountains eucalyptus forests, and we will also visit the original Echo Point on this walk. It is around a 3 1/2 to 4 1/2 hours walk starting from Lawson station.

We will not be walking at a fast pace.

Please bring all food and drink for the walk, as there are no shops at the meeting place. Catch the 08.25

train from Central to Lawson. If driving, please be at the meeting place by 09.45 (the train gets in at 10.00), there is plenty of unrestricted parking on the north side of the station.

No need to book a spot, just turn up.

Meet: At Lawson station on the north side (not the highway side).

Please Note: This walk will NOT go ahead if it is raining.

Phone or email Bob on (02) 4787 8270 or stayatallendale@optusnet.com.au if you need to know anything about anything

Medium

stayatallendale@optusnet.com.au

SATURDAY, 26 SEPTEMBER

Annual General Meeting

The 2009 SCOG AGM will be held at the Gay and Lesbian Counselling Service of NSW building at 43 Bedford Street, Newtown, commencing at 5:30pm.

John (02) 9907 9144

jhi@bigpond.net.au

SUNDAY, 4 OCTOBER

Darling Mills Creek

Parramatta

Darling Mills is not just the name of a pretentious inner-city restaurant, its the creek north of Parramatta, on which a water mill cranked during the time of that much-maligned Governor, Sir Ralph Darling.

The creek runs from Castle Hill to Parramatta through a protected bush reserve and has giant Eucalypts and surprisingly tall cliffs along the way. It ends up at that wonderful but neglected place, Lake Parramatta.

Medium about 11 kms.

Phone Mark on 0409 617 778 (phone before 7 on the day if there's a chance of cancellation due to rain).

SUNDAY, 25 OCTOBER

Seven Bridges Walk

Here is the date for the 7 bridges walk its Sunday 25 October 2009. This is a charity walk to raise money for Diabetes research. The website is www.7bridgeswalk.com.au

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